

## **Fuel Your Car and Your Body!**

### **A Father-Son Cookout and Service Project**

(Suggested time frame 2-3 hours)

#### **Preparation**

- Secure a fairly large parking lot (if possible, use your church parking lot).
- Schedule a date on the church calendar.
- Ask your pastor and/or church staff to publicize the event throughout the church family.
- Secure a large quantity of motor oil, containers that can hold old oil, and the tools necessary to change oil.
- Recruit several teams to change oil from among fathers and sons.
- Recruit several teams to cook hamburgers from among fathers and sons. (If there aren't enough to man both teams, use others, senior adults perhaps, to fill out the necessary positions.)
- Provide cookout supplies (either supplied by the church, or families in the church can help supply them).

#### **Event Description**

This event is actually a combination oil change and hamburger cookout. Perhaps it sounds like a strange partnership, but the two can be used both to serve others and to have a great time. The emphasis for fathers and sons is to discover the great feeling that comes from serving others. Invite all single women and all senior adults in your church to bring their cars to the parking lot you've designated to get a free oil change. At the same time, give them a hamburger and something to drink while they're waiting. After serving all those who come, have the fathers and sons take time out, talk about their experiences that day, and enjoy the hamburgers themselves.

#### **Suggested Devotional Idea**

Text: Matthew 20:26-28

Theme: God has called us, as Christians, to serve Him by serving others. Talk about the people you've helped today in the name of Jesus.